



# **WP3 -Joint Training programme for Social, Cultural, and Health Sectors -Module plan-**

**DOCUMENT PRODUCED BY: ASOCIATIA HABILITAS CRFP,  
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# “On Stage In the Golden Age: Theatre for Healthy Ageing”

PROJECT NUMBER: 2023-1-RO01-KA220-ADU-000160973

## Module Plan

Name of Module: The main mental health disorders in old age: behavior changes, changes in the daily life, and non-pharmacological approaches

Session	Timing (Total: 4 hours)	Activities / tasks	Resources needed
Presentation of key concepts and overviews of the module and of each chapter (ppt)	1 hour	PPT presentation	IT resources
Learning activity 1	40 minutes	Case study Small groups work	Worksheet
Multimedia resources	25 minutes	Video and self-reflection	IT resources
Learning activity 2	40 minutes	Small groups work	Worksheet
Learning activity 3	45 minutes	Small groups work	Worksheet
Self-assessment quizz	35 minutes	Answering to quiz items	



## “ON STAGE IN THE GOLDEN AGE: THEATRE FOR HEALTHY AGEING”

PROJECT NUMBER: 2023 - 1 - RO01 - KA220 - ADU - 000160973

WEBSITE: <https://age-thea.eu/>

FACEBOOK: [On Stage on the Golden Age: Theatre for Healthy Ageing](#)

INSTAGRAM: [age.thea2023](#)

